

Menu Due: February 16, 2024

Monday

Tuesday

Wednesday

Thursday

Friday



Menus Subject to Change
A variety of milk is offered at each meal: 1% White or Fat-Free Chocolate

4
Quirky Quesadillas
¼ c Salsa
¼ c Chickpeas
½ c Fresh Orange
2 T Sour Cream Pkt
Milk

5
BBQ Pork Sandwich
¼ c Corn
½ c Mashed Potatoes
½ c Fresh Apple
Milk

6
Chicken Noodle Soup
½ c Broccoli
½ c Fruit Peach
1 oz-eq String Cheese
1 oz-eq Garlic Bread Roll
Milk

7
Turkey & Cheese Deli Sandwich (w/Lettuce & Tomato)
½ c Raw Broccoli Florets
½ c Applesauce
Ranch Pkt
Milk

1
Chicken Nuggets (5)
¼ c Chickpeas
¼ c Baby Carrots
¼ c Cucumbers
½ c Fresh Orange
Ketchup&Ranch Pkt
Milk

11
Hot Dog on WGR Bun
¼ c Green Beans
½ c Homemade Baked Beans
½ c 100% Fruit Juice
Ketchup Pkt
Milk

12
Grilled Cheese Sandwich
½ c Tomato
Soup
½ c Peas
½ c Fresh Pear
Milk

13
Grilled Chicken Sandwich (w/Lettuce & Tomato)
½ c Sweet Potato Fries
½ c Fresh Peach
1Tbsp Low-Fat Mayo Pkt
Milk

14
Waffles & Turkey Sausage
¼ c Cherry
Tomatoes
½ c Vegetable Juice
½ c Fresh Orange
Milk

8
NO SCHOOL
Teacher In-Service Day

15
Cheese Breadsticks (2)
¼ c Marinara Sauce
½ c Garlic Broccoli
½ c 100% Juice
Milk

18
Mini Turkey Corn Dogs
¼ c Garlic Broccoli
½ c Waffle Cut French Fries
½ c Mixed Fruit Cup
Ketchup Pkt
Milk

19
Pancakes & Turkey Sausage
¼ c Cherry
Tomatoes
½ c Vegetable Juice
½ c Fresh Apple
Milk

20
Broccoli Cheddar Soup
¼ c Baby Carrots
½ c Fresh Orange
1 oz-eq Garlic Bread Roll
Milk

21
Chicken Parmesan
1oz-eq WG Spaghetti
½ c Green Beans
½ c Sliced Peaches
½ oz-eq Choc. Chip Cookie (WGR)
Milk
Milk

22
Taco Salad
1 oz-eq Tortilla Chips
½ c Black Bean Salad
½ c Fresh Apple
2 T Sour Cream Pkt
Milk

25
NO SCHOOL
Spring Break

26
NO SCHOOL
Spring Break

27
NO SCHOOL
Spring Break

28
NO SCHOOL
Spring Break

29
NO SCHOOL
Spring Break

Lunch: Full Price \$3.30, Reduced Price \$0.40, Adult Price \$4.75

Breakfast: Full Price \$2.30, Reduced Priced \$0.30, Adult Price \$3.75

Check the GVA website for additional information. Email: marileny.pedrazal@gva.school Phone: (216) 767-5956

This institution is an equal opportunity provider.