

Menu Due: AUGUST 16, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog on WGR Bun 28 ¼ c Steamed Broccoli ½ c Homemade Baked Beans ½ c 100% Fruit Juice Ketchup Pkt Milk	Grilled Cheese Sandwich 29 ½ c Tomato Soup ½ c Peas ½ c Fresh Pear Milk	Beet Soup (Barshcht) 30 ½ c Green Beans ½ c Applesauce 1oz-eq String Cheese Stick 1oz-eq Dinner Roll 2 T Sour Cream Pkt Milk	Grilled Chicken Sandwich 31 (w/Lettuce & Tomato) ½ c Sweet Potato Fries ½ c Fresh Peach Ketchup Pkt Milk	Mexican Pizza 1 ¼ c Hummus ½ c Baby Carrots ½ oz-eq Choc. Chip Cookie (WGR) ½ c Fresh Orange Milk
NO SCHOOL Labor Day 4	Waffles & Turkey Sausage 5 ¼ c Cherry Tomatoes ½ c Vegetable Juice ½ c Fresh Orange Syrup Pkt Milk	Breaded Chicken Drumstick 6 ¼ c Peas ½ c Mashed Potatoes ½ c Fresh Pear 1oz-eq Garlic Bread Roll Milk	Cheeseburger on WGR Bun 7 ¼ c Homemade Baked Beans ½ c Waffle Cut French Fries ½ c 100% Fruit Juice Ketchup Pkt Milk	Cheese Breadsticks (2) 8 ¼ c Marinara Sauce ½ c Garlic Broccoli ½ c 100% Juice Milk
Quirky Quesadillas 11 ¼ c Salsa ¼ c Roasted Chickpeas ½ c Fresh Orange 2 T Sour Cream Pkt Milk	Chicken Noodle Soup 12 ½ c Broccoli ½ c Fresh Peach 1 oz-eq String Cheese 1 oz-eq Garlic Bread Roll Milk	BBQ Chicken Sandwich 13 ¼ c Corn ½ c Mashed Potatoes ½ c Fresh Apple Milk	Turkey & Cheese Deli Sandwich 14 (w/Lettuce & Tomato) ½ c Raw Broccoli Florets ½ c Applesauce Ranch Dip Cup Milk	Cheese Pizza (Domino's Smart Slice) 15 ¼ c Cucumber Slices ½ c Baby Carrots ½ c 100% Fruit Juice Ranch Dressing Pkt Milk
Pepperoni Calzone 18 ¼ c Marinara Sauce ½ c Garlic Broccoli ½ oz-eq Choc. Chip Cookie (WGR) ½ c Fruit Cup Milk	Hamburger on WGR Bun 19 ¼ c Baked Beans ½ c Waffle Fries ½ c Fresh Apple Ketchup Pkt Milk	Potato, Cheese Perogies (3) 20 1oz-eq Kielbasa Sausage ¼ c Green Beans ½ c 100% Fruit Juice 2 T Sour Cream Pkt Milk	Beef Cutlet 21 ¼ c Corn ½ c Mashed Potatoes ½ c Fresh Apple 1 oz-eq Dinner Roll Milk	Chicken Nuggets (5) 22 ¼ c Hummus ¼ c Baby Carrots ¼ c Cucumbers ½ c Fresh Orange Ketchup&Ranch Pkt Milk
Chicken Patty on WGR Bun 25 ¼ c Peas ½ c Sweet Potato Fries ½ c 100% Fruit Juice Ketchup Pkt Milk	Teriyaki Chicken 26 1oz-eq Brown Rice ¾ c Garlic Broccoli ½ c Fresh Apple Milk	Mac & Cheese 27 ¼ c Cherry Tomatoes ½ c Green Beans ½ c Fresh Orange Milk	Penne Pasta w/ Meat Sauce 28 ½ c Raw Cauliflower ½ c Applesauce 1oz-eq Garlic Bread Roll Ranch Pkt Milk	Fish Sticks 29 ¼ c Baked Beans ½ c Green Peas ½ c 100% Fruit Juice Ketchup Pkt Milk

Menus Subject to Change
 A variety of milk is offered at each meal: 1% White or Fat-Free Chocolate

Lunch: Full Price \$3.30, Reduced Price \$0.40, Adult Price \$4.75
Breakfast: Full Price \$2.30, Reduced Priced \$0.30, Adult Price \$3.75

Check the GVA website for additional information. Email: jonathan.hejnal@gva.school Phone: (216) 767-5956
 This institution is an equal opportunity provider.