

Menu Due: February 15, 2022

Monday

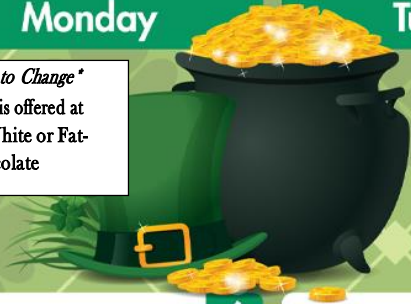
Tuesday

Wednesday

Thursday

Friday

Menus Subject to Change
A variety of milk is offered at each meal: 1% White or Fat-Free Chocolate



Hot Dog on WGR Bun **6**
¼ c Green Beans
½ c Homemade Baked Beans
½ c 100% Fruit Juice
Ketchup Pkt
Milk

Grilled Cheese Sandwich **7**
½ c Tomato Soup
½ c Peas
½ c Fresh Pear
Milk

Grilled Chicken Sandwich **8**
(w/Lettuce & Tomato)
½ c Sweet Potato Fries
½ c Peach Slices
1 Tbsp Low-Fat Mayo Pkt
Ketchup Pkt
Milk

Cheese Breadsticks (2) **9**
¼ c Marinara Sauce
½ c Garlic Broccoli
½ c Fresh Apple
Milk

Taco Salad **3**
1 oz-eq Tortilla Chips
½ c Black Bean Salad
½ c Fresh Apple
2 T Sour Cream Pkt
Milk

13
Spring Break

14
Spring Break

15
Spring Break

16
Spring Break

17
Spring Break

Quirky Quesadillas **20**
¼ c Salsa
½ c Black Bean Salad
½ c Fresh Orange
2 T Sour Cream Pkt
Milk

Chicken Noodle Soup **21**
½ c Broccoli
½ c Sliced Peaches
1 oz-eq String Cheese
1 oz-eq Garlic Bread Roll
Milk

BBQ Pork Sandwich **22**
¼ c Corn
½ c Mashed Potatoes
½ c Fresh Apple
Milk

Turkey & Cheese Deli Sandwich **23**
(w/Lettuce & Tomato)
½ c Raw Broccoli Florets
½ c Fresh Pear
Ranch Dip Cup
Milk

Cheese Pizza (Domino's Smart Slice!) **24**
¼ c Cucumber Slices
½ c Baby Carrots
½ c 100% Fruit Juice
Ranch Dressing Pkt
Milk

Pepperoni Calzone **27**
¼ c Marinara Sauce
½ c Garlic Broccoli
½ c Fruit Cup
Milk

Hamburger on WGR Bun **28**
¼ c Baked Beans
½ c Waffle Fries
½ c Fresh Apple
Ketchup Pkt
Milk

Potato, Cheese Perogies (3) **29**
1oz-eq Kielbasa Sausage
¼ c Green Beans
½ c 100% Fruit Juice
2 T Sour Cream Pkt
Milk

Teriyaki Chicken **30**
1oz-eq Brown Rice
¾ c Garlic Broccoli
½ c Peach Slices
½ oz-eq Choc. Chip Cookie (WGR)
Milk

Chicken Nuggets (5) **31**
¼ c Hummus
½ c Baby Carrots
½ c Fresh Orange
Ketchup Pkt
Milk

Lunch: Full Price \$3.25, Reduced Price \$0.40, Adult Price \$4.75
Breakfast: Full Price \$2.25, Reduced Priced \$0.30, Adult Price \$3.75