

JANUARY 2023

MY SCHOOL BUCKS

Phone: (216) 767-5956

PAY FOR MEALS ONLINE

MySchoolBucks.com

Menu Due: December 14,2022

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Break	2 Winter Break	Winter Break	Winter Break	6 Winter Break
Quirky Quesadillas 1/4 c Salsa 1/2 c Black Bean Salad 1/2 c Fresh Orange 2 T Sour Cream Pkt Milk	9 Chicken Noodle Soup ½ c Broccoli ½ c Sliced Peaches 1 oz-eq String Cheese 1 oz-eq Garlic Bread Roll Milk	BBQ Pork Sandwich 1/4 c Corn 1/2 c Mashed Potatoes 1/2 c Fresh Apple Milk	Turkey & Cheese Deli Sandwich (w/Lettuce & Tomato) ½ c Raw Broccoli Florets ½ c Fresh Pear Ranch Dip Cup Milk	Cheese Pizza (Domino's Smart Slice!) 4 c Cucumber Slices 2 c Baby Carrots 2 c 100% Fruit Juice Ranch Dressing Pkt Milk
Martin Luther King NO SCHOOL	Chicken Patty on WGR Bun 7 4 c Baked Beans 2 c Sweet Potato Fries 2 c Fresh Pear Ketchup Pkt Milk	Beef Cutlet 1/4 c Corn 1/2 c Mashed Potatoes 1/2 c Fresh Apple 1 oz-eq Dinner Roll Milk	Mac & Cheese 1/4 c Cherry Tomatoes 1/2 c Green Beans 1/2 c Fresh Orange Milk	Fish Sticks 1/4 c Baked Beans 1/2 c Green Peas 1/2 c 100% Fruit Juice Ketchup Pkt Milk
Pepperoni Calzone 1/4 c Marinara Sauce 1/2 c Garlic Broccoli 1/2 c Fruit Cup Milk	Hamburger on WGR Bun 4 c Baked Beans 2 c Waffle Fries 2 c Fresh Apple Ketchup Pkt Milk	Potato, Cheese Perogies (3) 1oz-eq Kielbasa Sausage 1/4 c Green Beans 1/2 c 100% Fruit Juice 2 T Sour Cream Pkt Milk	Spaghetti and Meatballs ½ c Fresh Cauliflower ½ c Fresh Pear Milk	Chicken Nuggets (5) 1/4 c Hummus 1/2 c Baby Carrots 1/2 c Fresh Orange Ketchup Pkt Milk
Mini Turkey Corn Dogs 1/4 c Garlic Broccoli 1/2 c Waffle Cut French Fries 1/2 c Mixed Fruit Cup Ketchup Pkt Milk	Grilled Cheese Sandwich ½ c Tomato Soup ½ c Peas ½ c Fresh Pear Milk	*Menus Subject to Change* A variety of milk is offered at each 1% White or Fat-Free Choco	n meal:	

Lunch: Full Price \$3.25, Reduced Price \$0.40, Adult Price \$4.75 Breakfast: Full Price \$2.25, Reduced Priced \$0.30, Adult Price \$3.75