

Menu Due: January 18, 2022

Monday

Tuesday

Wednesday

Thursday

Friday

Menus Subject to Change
A variety of milk is offered at each meal: **1% White or Fat-Free Chocolate**

1

2

3

4

5

6
Nutri-Grain Bar
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

7
Strawberry Filled Bagel
½ c Fruit Juice
½ c Applesauce
Milk

8
Banana Muffin
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

9
Cocoa Cherry Bar
½ c Fruit Juice
½ c Fresh Apple
Milk

10
Honey Nut Cheerios
½ c Fruit Juice
¼ c Raisins
Milk

13
Granola Bar
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

14
Cinnamon Filled Bagel
½ c Fruit Juice
½ c Applesauce
Milk

15
Chocolate Chip Muffin
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

16
Apple Frudel
½ c Fruit Juice
½ c Fresh Apple
Milk

17
Chocolate Grahams
½ c Fruit Juice
¼ c Raisins
Milk

20
President's Day
NO SCHOOL

21
Strawberry Filled Bagel
½ c Fruit Juice
½ c Applesauce
Milk

22
Blueberry Muffin
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

23
Chocolate Crescent
½ c Fruit Juice
½ c Fresh Apple
Milk

24
Kix Cereal
½ c Fruit Juice
¼ c Raisins
Milk

27
Granola Bar
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

28
Cinnamon Filled Bagel
½ c Fruit Juice
½ c Applesauce
Milk



Lunch: Full Price \$3.25, Reduced Price \$0.40, Adult Price \$4.75
Breakfast: Full Price \$2.25, Reduced Priced \$0.30, Adult Price \$3.75